**Duo Self Enrollment**

For a quick preview of the steps outlined below, check out the video from Duo Security below.

1 - Enrolling Your Smart Phone

Self enrolling your smart phone in Duo Two-Factor Authentication is an easy process that only requires a computer, a smart phone and access to the phone's camera.

- First install the Duo app on your phone. On an iPhone, go to the App Store and search for Duo Mobile. On an Android, open Google Play to search for Duo Mobile. There are a few other apps with duo in the name, so be sure to select the one indicated below.
- When installing, be sure to allow notifications from Duo.
- Once installed, you'll see Get Started or Add Account options, depending on your phone.

Next, go to the Appstate Duo Self Enrollment page to start the self enrollment process.

- Login with your AppState credentials and follow the on-screen directions until you see a QR Code on screen.
- On your phone, select Get Started or Add Account, and allow access to your camera (you can turn this off later if you want).
- Point the camera at the QR code, and you'll be enrolled in Duo and have the extra security of two-factor authentication on any Appstate login that uses the Shibboleth Single Sign-on Page or Banner login page, as seen below.
- After entering your credentials, send a push to the Duo Mobile app, then approve the action on your phone to complete the login process.
2 - Add a landline or office phone

This is especially useful for faculty or staff in case you ever forget your phone at home. Just have Duo call your office phone to authenticate. You can add this phone just like you did your smart phone, only this time select landline.

3 - Get Bypass Codes

If you are concerned about leaving your mobile device behind and not being able to access your account, bypass codes can serve as your second factor. To get bypass codes, instead of sending a push to your mobile app, select the **Enter a Passcode** option, then click on **Text me new codes** (see the images below). When you get the text, write down the codes on a piece of paper. You can use this handy template if you like. Each code is good for one use, and you have to use them in order, so start with the code that begins with the number 1. Once you’ve used that code, it can’t be used again.

Access your Duo settings to add a landline or get bypass codes.

ℹ️ You may have to use a different browser if you’ve already authenticated with Shibboleth and Duo.

Related Articles

- Duo Self Enrollment
- Logging into Pulse Secure with Duo Token
- What is Duo 2-Factor Authentication (2FA)

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