How to Update Software on macOS

Periodically, Apple releases updates to your macOS software (which can include updates to apps that come with your Mac and important security updates). Software Updates are an essential part of maintaining supportability and securing your Mac.

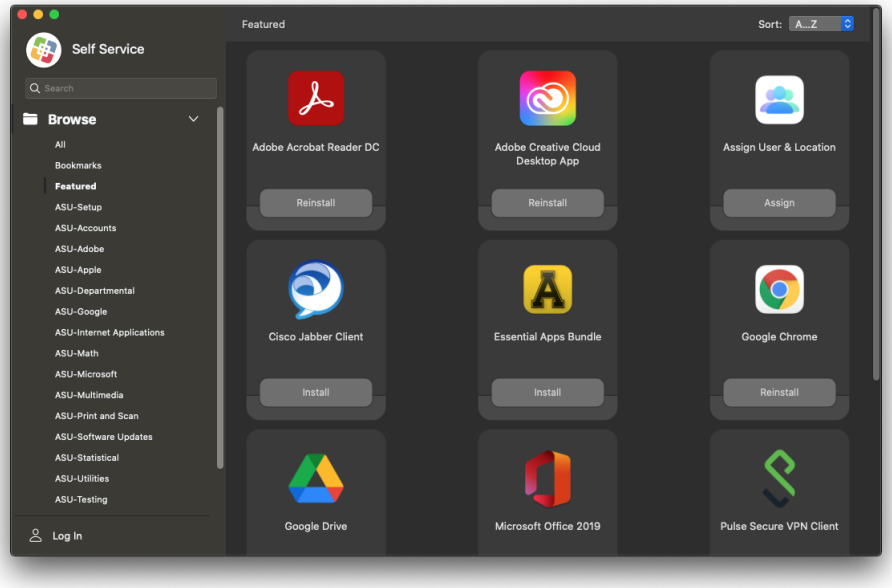
If your device requires an update, you will have received a macOS Update Notification. You can view the Windows and macOS System Updates and Patches article for more information about the notifications or continue with the steps below to update the software your Mac:

WARNING:

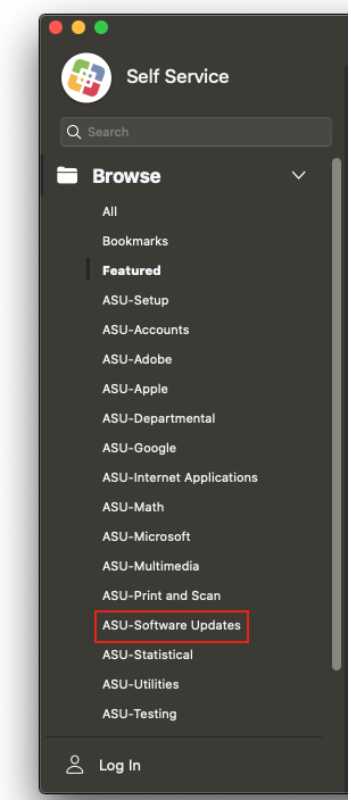
Updates, while generally very safe, do run minimal risk of data loss. Please ensure you are backing up your data to another location regularly to avoid risk. One of our Desktop Support Specialists will be happy to assist with this process. Please visit tech.appstate.edu and submit a request for Computer Support.

Installing Apple Software Updates from Self Service

1. In your Applications folder, launch the Self Service app.



2. You will be greeted with the **Featured** page that shows new or recommended apps. From the **Categories** on the left, navigate to **ASU-Software Updates** and select the **Install Apple Updates and Restart** option that is available.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ASU-Multimedia
ASU-Print and Scan
ASU-Software Updates
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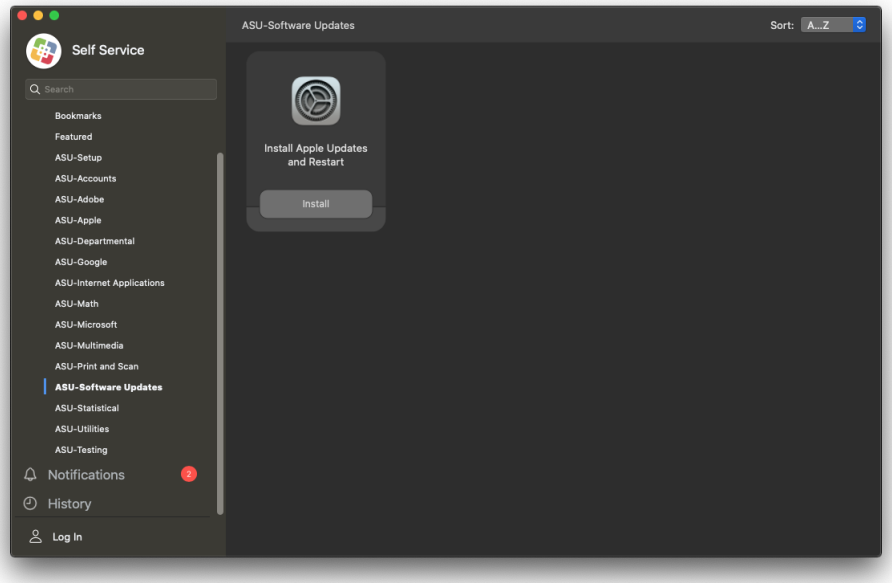
ASU-Utilities
ASU-Testing
Log In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Install Apple Updates and Restart
Install

3. Before proceeding, read the description which will detail any requirements or recommendations.

> **Important:**
>
> When you initiate an update, your Mac will download necessary components and will need to restart to perform the installation. Before proceeding, save your current documents, quit any open applications, and copy all files and user data to another computer or backup drive. If this is a laptop, please connect to a charger at this time. This process could take a while and your Mac will be unavailable during this time.

4. Click the **Install** button to begin updating your Mac.

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- How Jamf Connect Syncs Your Mac Password After a Password Change

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