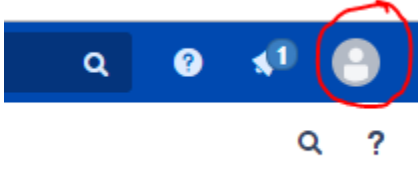# Disable Autowatch in Confluence

Too many emails from confluence? Sometimes, a user of Confluence does not want to receive an email notification for every article edit. Disable the Autowatch feature in the User Profile to prevent being added automatically as a watcher.

> ⓘ This setting will not prohibit admins or users from manually adding watchers to spaces at a later time.
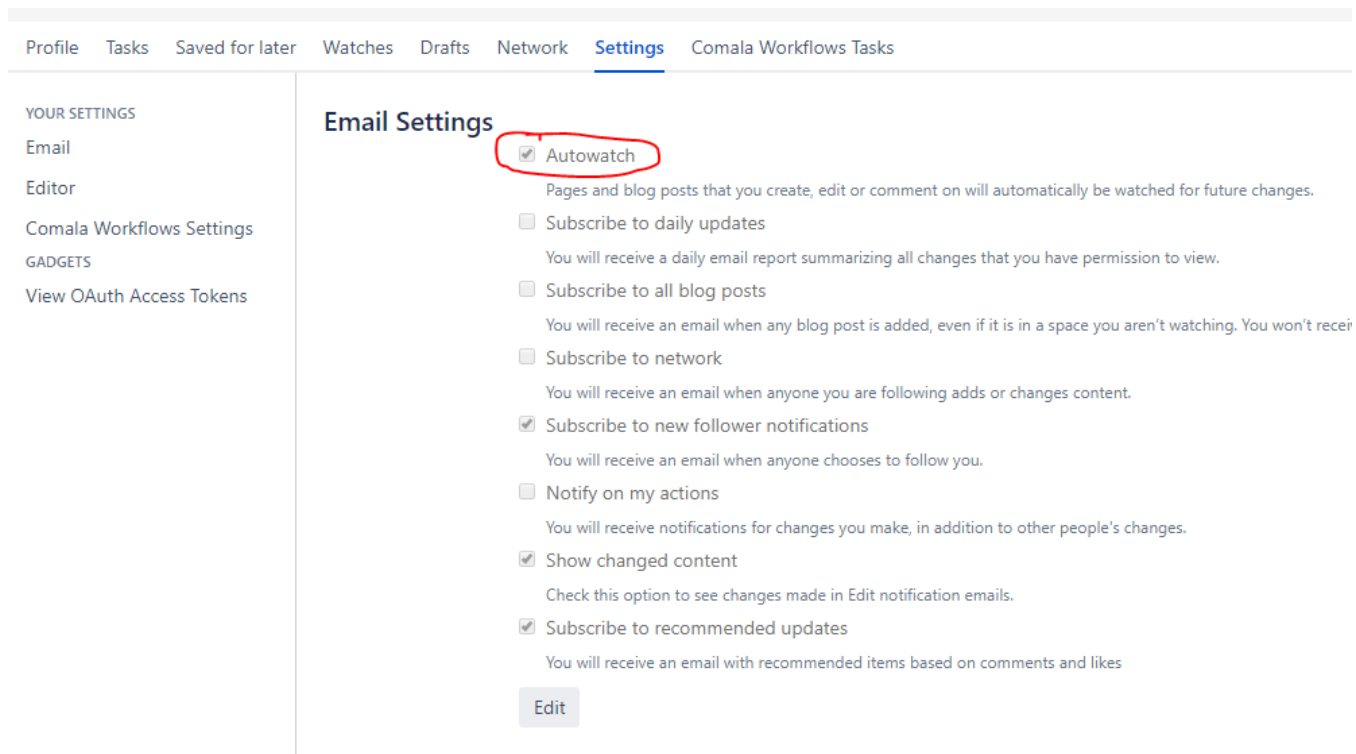
Step-by-step guide

By default, each member of confluence is added as a "watcher" to all confluence spaces. To disable this feature:

1. Login to Confluence https://confluence.appstate.edu
2. Click on the Profile icon in the top left corner

3. Select Settings
4. Choose Email from the column on the left
5. Uncheck Autowatch by clicking the Edit button at the bottom of the list.
6. Click Submit

Related Articles

- Confluence
- Confluence Tutorial
- Create a Page in Confluence
- Create a Space in Confluence
- Edit Permissions on a Confluence Page
- How to create a knowledge base article for the Appalachian Technology Knowledge Base

- How To Update Related Articles (Content by Label Macro)
- Make a Confluence Space or Page(s) public
- Use the Confluence Add-On Hide Elements
- Use the Confluence Add-On Scaffolding Forms & Templates

Search Knowledge Base

Submit a Service Request

We value your feedback! Click HERE to suggest updates to an existing article, request a new article, or submit an idea.