

# Duo Two-Factor Authentication for Incoming Students

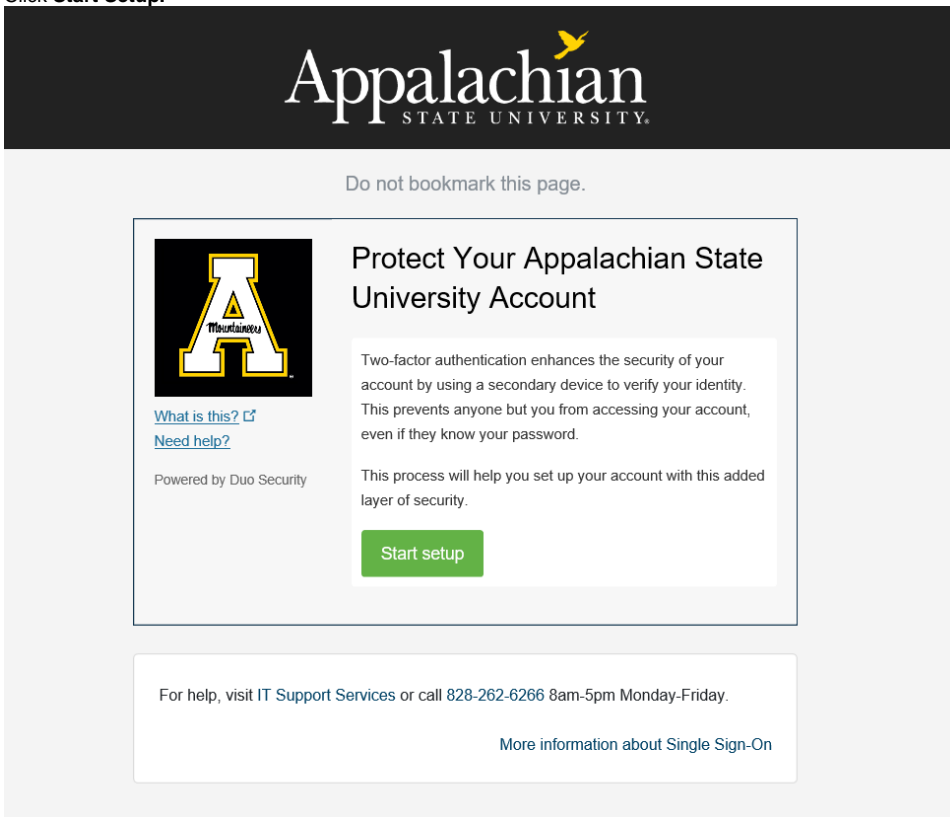
Two-factor authentication with Duo **is required** for all incoming App State students. New students will be prompted to enroll in two-factor authentication on the password change following the registration of a class. ITS recommends registering a mobile phone number with Duo and one additional method as a backup.

 What is Duo Two-Factor Authentication? [Learn more about Duo.](#)

After registering for your first class you will receive an email prompting you to reset your password. This password change is critically important as it will enable your account to use campus resources and also complete the Duo enrollment process.

You can expect to see the following as you reset your password.


1. Click **Start Setup**.



The screenshot shows the Duo Two-Factor Authentication setup page for Appalachian State University. At the top is the university's logo. Below it, a message says "Do not bookmark this page." The main content area is titled "Protect Your Appalachian State University Account" and features the university's 'A' logo. Text explains that two-factor authentication enhances security by using a secondary device. A green "Start setup" button is prominently displayed. At the bottom, there is contact information for IT Support Services and a link for more information about Single Sign-On.

Appalachian  
STATE UNIVERSITY

Do not bookmark this page.



[What is this?](#) [Need help?](#)

Powered by Duo Security

**Protect Your Appalachian State University Account**

Two-factor authentication enhances the security of your account by using a secondary device to verify your identity. This prevents anyone but you from accessing your account, even if they know your password.

This process will help you set up your account with this added layer of security.

[Start setup](#)


For help, visit [IT Support Services](#) or call 828-262-6266 8am-5pm Monday-Friday.

[More information about Single Sign-On](#)

2. Choose an authentication device.


## Authentication Method

We recommend adding **Duo mobile** for a Verified DUO Push as the primary authentication method, for portability and ease of use. Please contact the Help Desk at 828-262-6266 Option 1, if this is a concern and we can discuss alternate authentication options.


Close X

### Select an option


You'll use this to log in with Duo. You can add another option later.

**Touch ID** Recommended>


Use Touch ID on this device

**Duo Mobile** >

Get a notification or code on your device

**Security key** >

Use a security key

**Phone number** >

Get a text message or phone call

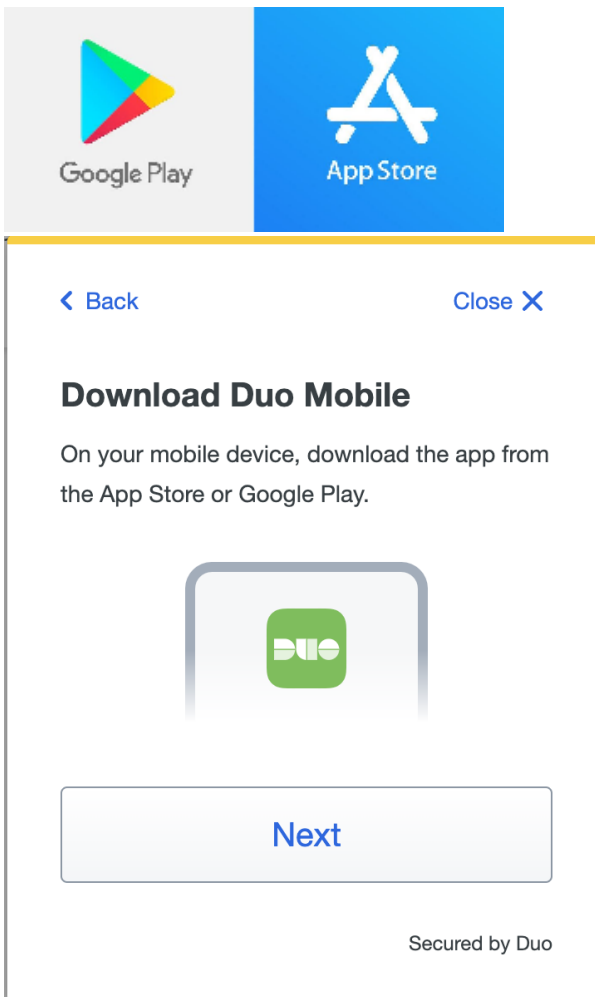
Secured by Duo

3. Enter your cell phone number including the area code of the device and confirm by checking the box.
4. Install Duo Mobile on your cellular phone from the Google Play Store or Apple App Store.



#### Notifications

**You must allow notifications from DUO to receive Push Notifications.**



5. If completing this process on a cell phone the device activation is automatic and you will see that your App State account is now visible in the Duo Mobile App. **Device enrollment is complete!**

If completing this process on a computer you will be given an activation bar code to scan with the Duo Mobile App on your phone. Open the Duo Mobile app, click **Add Account**, and scan the barcode by holding the phone camera 8-12 inches from the code. If your camera is not activated click on the plus + on the Duo Mobile App to activate the camera.



## ✓ Added Duo Mobile

You can now use Duo mobile to log in using a push notification sent to your mobile device.

**Since you added a phone number, you can also use text messages and phone calls.**

[Continue](#)

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## Related Articles

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- [Duo Two-Factor Authentication Enrollment for Faculty & Staff](#)
- [Duo Universal Prompt](#)
- [Duo: Manage Devices After Enrollment](#)
- [How to Activate Duo Push Notifications to your Smartphone](#)
- [Logging into AnyConnect VPN with a Duo Token](#)
- [New Phone-How to Reactivate Duo Mobile](#)
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