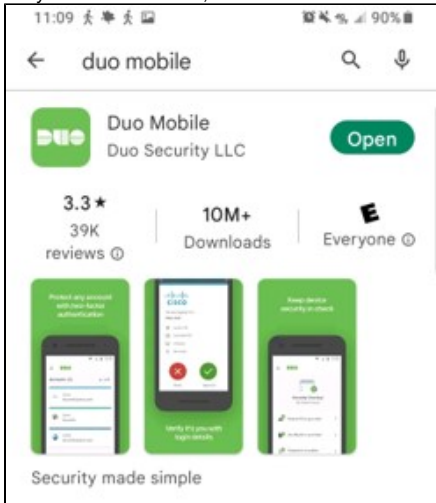# How to Activate Duo Push Notifications to your Smartphone

Using Duo Push notifications with Duo Mobile is the quickest and most secure method to authenticate your login.

Follow the instructions below if you have the **Call Me or Text Me** option on your smartphone, but do not have the **Send Me a Push** option**.**
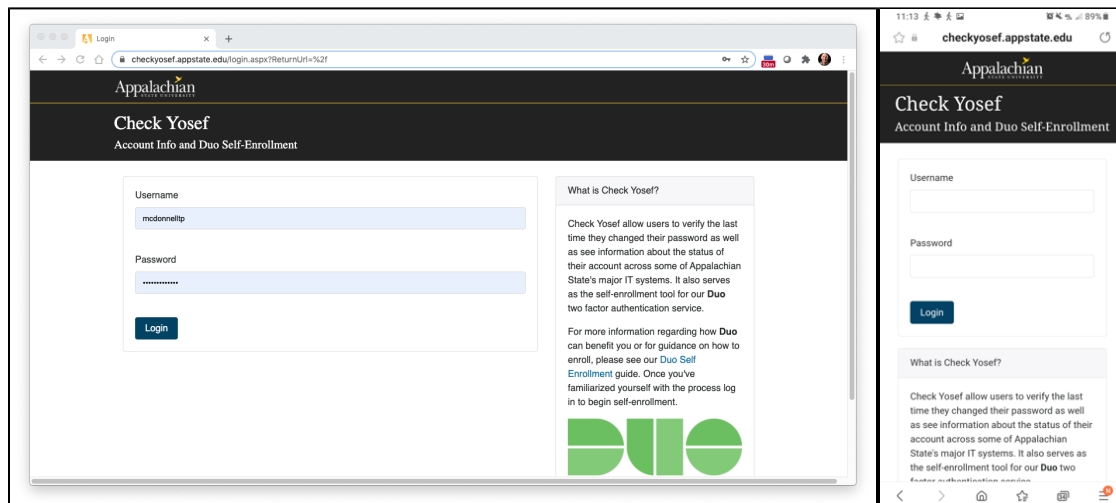
1. On your mobile device, make sure that Duo Mobile is installed from the App Store or Google Play.
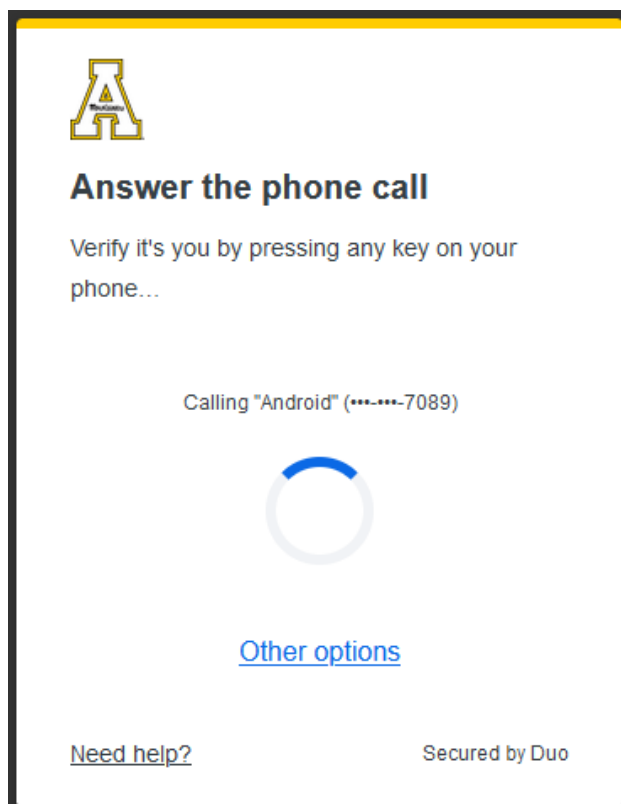

> ⚠️ **Notifications**
>
> You must allow notifications for DUO push to work.
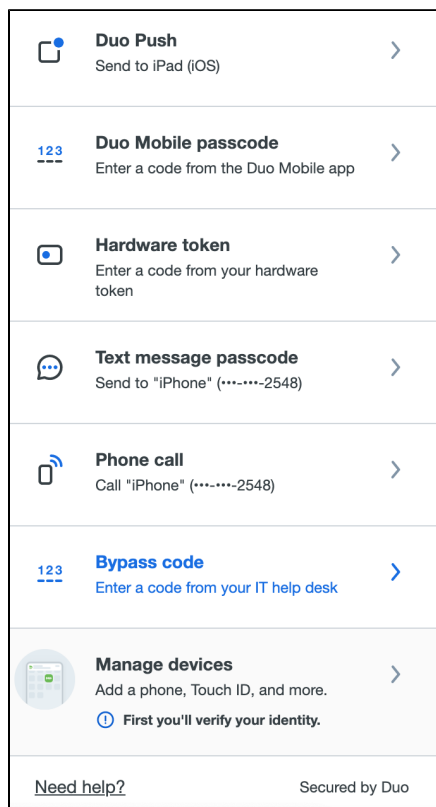
2. On your computer or smartphone, open a web browser and navigate to checkyosef.appstate.edu, log in using your App State username and password.

3. If your screen does not say "Check for a Duo Push", Click **Other options**.

Answer the phone call

Verify it's you by pressing any key on your phone...

Calling "Android" (•••-•••-7089)

Other options

Need help?   Secured by Duo

4. Select **Duo Push**.

Duo Push
Send to iPad (iOS)   >

Duo Mobile passcode
Enter a code from the Duo Mobile app   >

Hardware token
Enter a code from your hardware token   >

Text message passcode
Send to "iPhone" (•••-•••-2548)   >

Phone call
Call "iPhone" (•••-•••-2548)   >

Bypass code
Enter a code from your IT help desk   >

Manage devices
Add a phone, Touch ID, and more.
ⓘ First you'll verify your identity.   >

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5. Once you see the screen below, check your device for a DUO push.

Check for a Duo Push

Verify it's you by approving the notification…

Sent to "iPhone" (•••-•••-2548)

Other options

Need help?   Secured by Duo

The Duo Mobile app now is set up with your App State account and you have the ease of using the **Send Me a Push** option.

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